

STRESSED?
Overwhelmed?
Trouble coping?
WE CAN HELP

One-on-one virtual counseling sessions to help manage the stress of the COVID-19 pandemic



BRaVe Clinic

Building Resilience Virtually

Free and confidential
one-on-one virtual counseling sessions



Call for an appointment
414-955-2545



Email for an appointment
braveclinic@mcw.edu

The services provided by our clinic are free and funded by a grant.* The patients we provide services to must be...

- Residents of Milwaukee, Washington, Ozaukee, or Waukesha county
- Ages 18 or older
- A healthcare worker, or currently experiencing interpersonal violence, or have a history of depression
- Has access to a computer or smartphone with audio and video capabilities
- Be willing to provide an email address



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